

South West Essex Integrated Musculoskeletal Service

Aches becoming a right pain?

Did you know that you can self-refer to your local physiotherapy service without the need to see your GP?



You can refer yourself into the service 24/7 I completed an immediate digital initial assessment via PhysioNow®



Visit
www.connecthealth.
co.uk/resources/
physionow

Access further information including eligibility criteria and resources



Alternatively, please call
01268 904 102 and our Patient Care
Coordinators will be happy to help.

Use Lines are open during working hours.

Service provided by:

